



Para  
Swimming  
Relays

### Magic Numbers

Para swimming relays are incredibly strategic and exciting events. More than just selecting the fastest swimmers, para swimming relays teams are built around classification points where the classification number represents a point. In this way, a S4SB5 swimmer, for example, brings a 4-Point count to any Freestyle, Butterfly, or Backstroke relay leg (S4), or a 5-Point count to any breaststroke relay leg (SB5). Similarly, a VI (S11, S12, S13) or II swimmer (S14) will always bring 11, 12, 13, or 14 Points to a relay team. The key is to build the fastest team without going over the point limit.



= 20 Points



= 34 Points

Examples of a 20 Point and 34 Point relay team

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### The Races

There are four different point groups which races can be built around based on stroke (Freestyle or Medley), distance (50m or 100 m), and gender (Male, Female, Mixed. Mixed relays require equal gender representation).

**20 POINT:** Four swimmers whose combined classification number does not exceed 20. S14s and VIs are not eligible.

**34 POINT:** Four swimmers whose combined classification number does not exceed 34. S14s and VIs are not eligible.

**VI RELAY:** Four VI swimmers, one of whom must be classed S11.

**S14 RELAY:** Four II/ S14 swimmers.

### For more information:

Visual Representation of Paralympic Relays: <https://lexi.global/sports/swimming/swimming-relay/>

Rules & Regulations (pg. 48): [https://www.paralympic.org/sites/default/files/document/180313084120174\\_2018\\_03\\_WPS%2BRules%2Band%2BRegulations%2B2018.pdf](https://www.paralympic.org/sites/default/files/document/180313084120174_2018_03_WPS%2BRules%2Band%2BRegulations%2B2018.pdf)

