

Taping at Swimming Canada National Events

Swimming Canada Rules

II.C15.3.2 At a Swimming Canada national competition, a committee shall be created to review taping requests.

Handling Taping Requests

1. It is recommended that committee members reviewing taping requests have some training in the medical/health field. Ensure there is a backup person identified should a committee member be unavailable or have a conflict of interest.
2. All taping requests must be accompanied by a Taping Review Form. The form can be submitted via email or paper as per instructions in the Meet Package. Photos of the taping will be taken during the taping review for verification after the swimmer races.
3. Taping review takes place prior to the start of each session during warmups. Taping request forms must be submitted to the National Meet Referee by the time indicated in the Meet Package and/or Technical Briefing. Coaches must submit one taping request form for each event the athlete will swim prior to the session where the swim will take place.
4. If taping is approved, the taping must be verified by the referee after each race to confirm there were no changes. The taping must match the photos taken during the taping review.
5. Copies of the taping requests and any notes or recommendations should be included by National Meet Referees with the post-meet report.

Wording for Meet Packages/Technical Briefings

Swimming Canada recommends that the following wording is added to meet packages for Swimming Canada national events and for provincial competitions where a taping review committee will be implemented to review taping requests.

As per **C15.3.2**, a Committee will review taping requests.

- Taping review will take place prior to each session during warmups. All reviews must be completed no later than 15 minutes prior to the start of the session.



- Taping Request Forms (available at the Admin Desk) must be submitted to the National Meet Referee by XXXX prior to prelims and XXXX prior to finals.
- Coaches must submit one taping request form for each event the athlete will swim prior to the session where the swim will take place.
- The committee's decision will be final.
- Any swimmer who races with taping not approved by a Taping Review Committee will be disqualified.
- Any swimmer wearing taping not approved by a Taping Review Committee is ineligible to set a Canadian Record.

Guidelines for evaluating taping requests at Swimming Canada national events including events with World Aquatics or WPS Competition approval

Circumstances where the use of tape is generally permitted:

1. Wound closure and protection

No referee notification is required for smaller items such as adhesive bandages (Band-Aids), smaller dressings, and “butterfly” bandages. If a dressing is exceptionally large and/or the tape to hold a dressing surrounds a major limb then the referee should be notified.

2. Buddy taping of the fingers and toes

No more than two fingers or toes can be taped together at a time. It is recommended that you always notify the referee in this case.

3. Taping of medical alert bracelets and/or religious objects

It is recommended that you always notify the referee in this case.

4. Taping of medical devices (i.e. insulin pumps, ostomy bags, glucose sensors, etc.)

It is recommended that you always notify the referee except in the case of glucose sensors where no notification is necessary.

We request that Meet Referees or Competition Coordinators who observe abuses of taping or disqualification of an athlete under II.15.3 at non-national competitions submit a report for review and educational purposes to officials@swimming.ca.