



## **Para Swimming Non-Eligible Impairments**

Swimming Canada follows the rules and regulations for Para Swimming as defined the World Para Swimming. World Para Swimming follow the guidelines of the International Paralympic Committee.

Although Para swimming includes the wide of underlying health conditions not all impairments are eligible.

### **Non-Eligible Impairment Types for all Athletes**

Examples of Non-Eligible Impairments include, but are not limited to, the following:

- Pain;
- Hearing impairment;
- Low muscle tone;
- Hypermobility of joints;
- Joint instability, such as unstable shoulder joint, recurrent dislocation of a joint;
- Impaired muscle endurance;
- Impaired motor reflex functions;
- Impaired cardiovascular functions;
- Impaired respiratory functions;
- Impairment metabolic functions; and
- Tics and mannerisms, stereotypes and motor perseveration; and
- Organ transplant(s); and
- Autism Spectrum Disorder as a primary diagnosis; and
- Apraxia, dyspraxia, Developmental Coordination Disorder (DCD) as a primary disorder.
- Scoliosis as a single diagnosed impairment.

### **Health Conditions that are not Permanent Qualifying Underlying Health Conditions**

A number of Health Conditions do not lead to an Eligible Impairment and are not Permanent Qualifying Underlying Health Conditions. An Athlete who has a Health Condition (including, but not limited to, one of the Health Conditions listed in the above Appendices One, Two or Three) but who does not have a Permanent Qualifying Underlying Health Condition will not be eligible to compete under the auspices of World Para Swimming.

Health Conditions that primarily cause pain; primarily cause fatigue; primarily cause joint hypermobility or hypotonia; or are primarily psychological or psychosomatic in nature do *not* lead to an Eligible Impairment.



Examples of Health Conditions that primarily cause **pain** include myofascial *pain*-dysfunction syndrome, fibromyalgia or complex regional pain syndrome.

An example of a Health Condition that primarily causes **fatigue** is chronic fatigue syndrome.

An example of a Health Condition that primarily causes **hypermobility** or **hypotonia** is Ehlers-Danlos syndrome.

Examples of Health Conditions that are primarily **psychological** such as Functional neurologic disorder (formerly Conversion disorder)